



14 Sep 2018

Principal's Letter to Parents

Term 4, 2018

Dear Parents/Guardians,

Term 4 opened with the school focusing on the Term 4 Week 1 Thought For The Week (TFTW) "*Stronger Together*". This is inspired by the Word in the book of Ecclesiastes 4:9-12. I encouraged the girls to seek to be a source of blessing and support to one another. As a school, we are working towards ending the 2018 Academic Year on a strong note of "*One PL Togetherness*".



1. Helping your daughter cope with Exam Anxiety

Exam Anxiety is defined as a condition in which people experience extreme distress and anxiety in testing situations. While many people experience some degree of stress and anxiety before and during exams, extreme exam anxiety can negatively affect learning and decrease test performance drastically. We usually see a small number of girls suffer from exam anxiety during the End-of-Year (EOY) or the National Examinations period. This article (https://www.anxietybc.com/sites/default/files/Test_Anxiety_Booklet.pdf) gives parents useful tips on how to help girls who may be suffering from exam anxiety.



Another helpful article can be found on *Schoolbag* (MOE's Education News Site) <https://www.schoolbag.sg/story/four-tips-to-help-your-child-manage-stress>. Let us do what we can to watch over our children's well-being and give them handles to manage stress which will be part of our everyday lives.

2. Support for our Graduating girls

The Night Study Programme (NSP) will commence on Term 4 Week 2. In the weeks leading up to the school and National examinations, the frequency of the sessions has been increased to help pace the students in their revision efforts:

Days:	17 Sep 2018 – 4 Oct 2018 (Mon – Fri)
Time:	7.00 p.m. to 9.00 p.m.
Venue:	School Library
Attire:	School T-shirt and school skorts/bermudas/jeans and covered shoes

We want to thank parents who will be supporting the girls by providing written encouragement and snacks to refresh their bodies and to encourage hearts. We appreciate the teachers who volunteer to stay back in school to help the girls in their revision.

3. Supporting our girls in Decision-making during Transitions

Our graduating girls are at their crossroads. Parents/Guardians can play a pivotal role in helping our girls make decisions about their post-secondary education pathways and their choice of future courses and careers. Before we can do so, we need to have up-to-date information. Here are some useful resources:

(a) Joint Admission Exercise (JAE) 2018 and Joint Intake Exercise 'N' (JIE 'N') Booklets

These booklets are compilations of the information on post-secondary courses at ITE, Polytechnics and Junior Colleges. Please refer to this URL: <http://plmgss.moe.edu.sg/programme/useful-resources>

(b) Post-Secondary Education Brochure

This brochure helps your child navigate the post-secondary education landscape. It provides information on the different post-secondary educational institutions and their strengths. Please refer to this URL: <https://www.moe.gov.sg/docs/default-source/document/education/post-secondary/files/post-secondary-brochure.pdf>

(c) MySkillsFuture Portal

MySkillsFuture is a one-stop education and career guidance (ECG) portal that supports students in making education and career decisions across each education stage; and empowers them for life-long learning. Students can discover more about themselves through games and tools, explore the Singapore Education Landscape and learn more about the World of Work through videos and over 1000 job role information. The URL is <https://www.myskillsfuture.sg/content/student/en/secondary.html>

(c) Post-Secondary Scholarships for Express, NA and NT girls

For girls who aspire to take on scholarships after their secondary education, there is a full listing of the available scholarships. We will be engaging girls who have shown good potential to qualify for the scholarships in conversations. The girls will be selected based on the Sec 3

examinations and Sec 4/5 Prelims results. The scholarship details can found here: <http://www.plmgss.moe.edu.sg/programme/useful-resources/post-secondary-scholarships>

4. Results of JC Direct School Admissions Exercises and Polytechnic/ITE Early Admissions Exercise (EAE)

The following groups of graduating students have taken time and effort to apply for DSA or EAE in Jul/Aug 2018 and have received their results:

- Sec 4/5 O-Level students who applied for JC DSA
A small group of girls were successful in their DSA applications to the JCs.
- Sec 4/5 O-Level students who applied for Poly EAE
58.5% of our Sec 4/5 O-Level girls who applied for Poly EAE, have received conditional offers for admission to their courses of choice prior to receiving their results at the National Exams. Students admitted through Poly EAE will have to meet the prevailing polytechnic admission criteria to confirm their conditional offers, which are:
 - A net ELR2B2 score of 26 points or better for the GCE O-Level examinations; and
 - Minimum Entry Requirements (MERs) for the offered polytechnic course.

For more information on Poly EAE, please refer to <https://eae.polytechnic.edu.sg/eaeStudIns/menu.jsp>

- Sec 4 NT students who applied for ITE EAE
95.8% of our Sec 4 NT girls who applied for ITE EAE, have received conditional offers for admission to their course of choice prior to receiving their results at the National Exams. Students admitted through ITE EAE will have to meet the prevailing Minimum Entry Requirements (MERs) for the offered ITE course.

For more information on ITE EAE, please refer to <https://tinyurl.com/y7hxbccq>

5. Highlights of Key School Events in Term 4

The following are highlights of our school's key programmes in Term 4, 2018:

Date	Key Events
10 Sep 2018 (Mon)	School reopens for Term 4 Welcome Assembly
10 Sep 2018 begins	2018 GCE N-Level Exams (https://www.seab.gov.sg/docs/default-source/examination-timetable/2018qcen(a)n(t)examtimetables.pdf)
17 - 21 Sep 2018	Sec 3 End-of-Year (EOY) Science Practical Exams
17 Sep – 4 Oct 2018 (Mon – Fri)	Night Study Programme
26 Sep – 7 Oct 2018	Sec 1 – 3 EOY Exams
28 Sep 2018 (Fri)	Baccalaureate Service

Date	Key Events
4 Oct 2018 begins	2018 GCE O-Level Exams (https://www.seab.gov.sg/docs/default-source/examination-timetable/2018gceexamtimetable.pdf)
9 -10 Oct 2018 (Tue – Wed)	Sec 1-3 Marking Days
12 Oct 2018 (Fri)	102nd PLMGS Founder's Day Thanksgiving Service & Dinner
15 Oct 2018 (Mon)	Appreciation Breakfast for Parent Prayer Group & PSSG
18 Oct 2018 (Thur)	Christmas Service (Lighting of Christmas Tree)
19 Oct 2018 (Fri) (6.30pm – 9pm)	Sec 3 Subject Combination briefing (For Sec 2 parents and girls)
20 Oct 2018 (Sat)	Talk for P6 Parents on "Understanding the Sec and Post-Sec education Landscape"
23 Oct 2018 (Tues)	P6 Fun Day
24-25 Oct 2018 (Wed - Thur)	Sec 3 Fieldwork
26 Oct 2018 (Fri)	Last day of Term 4 Farewell Assembly
10 Nov 2018 (Sat)	PSSG Christmas Celebration and Year-end programme
Tentatively between 22 and 26 November 2018 (both dates inclusive)	Release of PSLE results
24 Nov 2018 (Sat)	P6 Open House
26 Nov 2018 (Mon)	Choir and Harp Ensemble's Performance in Limelight Series by Esplanade
Tentatively between 17 and 19 Dec 2018 (both dates inclusive)	Release of GCE N-Level results
Tentatively between 19 and 21 December 2018 (both dates inclusive)	Release of S1 Posting Results for P6 students
Next working day after release of posting results	Sec 1 Registration Day for P6 students
2 Jan 2019 (Wed)	2019 New Academic Year begins (2019 Term 1, Week 0) Welcome Assembly First Day of school Special Time-table for Week 0

Every Mon morning, 7.30 a.m. – 8.30 a.m.	<i>PrayingParents@PL</i> meets every Monday morning, 7.30 a.m. – 8.30 a.m. at the SFE room for a time of prayer and fellowship
Every 3 rd Wed of the month 7.30 a.m. – 8.30 a.m.	<i>Fathers@School</i> holds its monthly breakfast bonding session every third Wednesday of the month, 7.30 a.m. – 8.30 a.m. at the SFE room

Please check the school website (<http://plmgss.moe.edu.sg/>) for regular updates on the school programmes and other administrative matters. Do also follow us on our Youtube Channel (<https://www.youtube.com/channel/UCYt7DqDzhirCcpQI7hcxo9g>) and our Facebook page for the happenings in and around the school (<https://www.facebook.com/PLMGSAumni/>).

Thank you for your support and for partnering us to care for your daughters.

Looking forward to a fruitful Term 4!

Warmest Regards,

Mrs Quek

Principal, PLMGS (Sec)