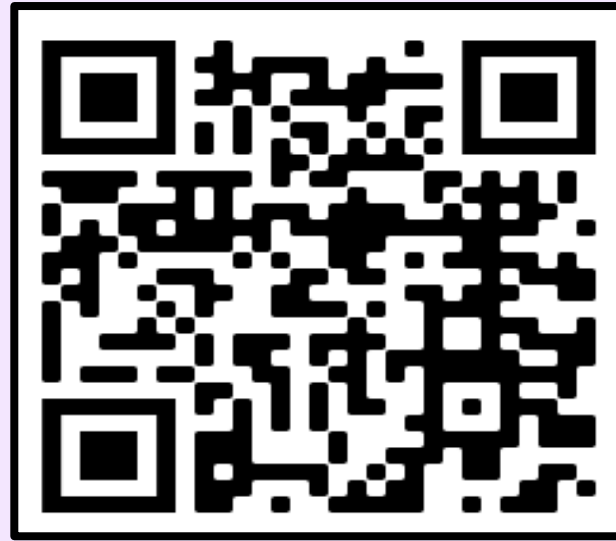


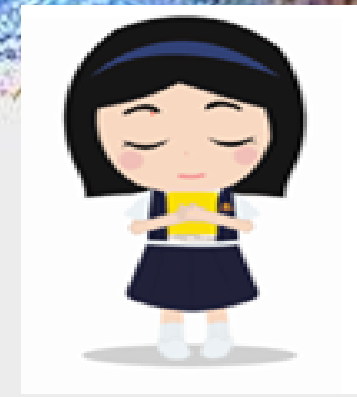
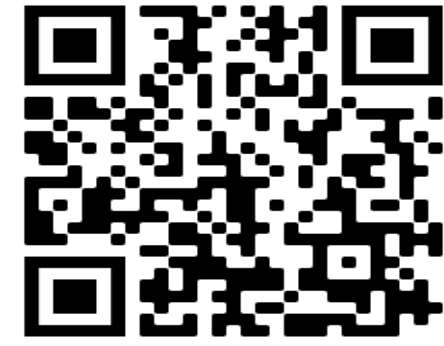
PL21 Bites Tips on Memory Skills

Strategies on how to remember!

- ✓ Association
- ✓ Application
- ✓ Repetition & Testing
- ✓ Flash cards
- ✓ Mnemonics
- ✓ Graphic Organisers
- ✓ Visualising
- ✓ Breaking Down/ Chunking
- ✓ Understanding



How good is your memory? Take a test!!



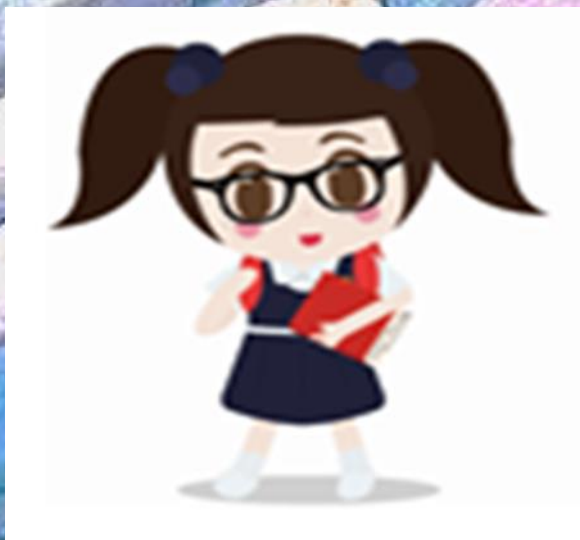
Method 1 - Mnemonics

- a system such as a pattern of letters, ideas, or associations which assists in remembering something.
Eg: SMART, BODMAS, VIBGYOR



Method 2- Use Flash cards

- ✓ Easy to make and use
- ✓ Great tool for remembering information
- ✓ Use colours
- ✓ Illustrate the cards
- ✓ Don't put too much information
- ✓ Carry the cards with you
- ✓ Review, review and review



Overcoming the Curve

